



## PURITY

“How can a young man keep his way pure?  
By guarding it according to your word.  
With my whole heart I seek you; let me  
not wander from your commandments!  
I have stored up your word in my heart,  
that I might not sin against you.”

**Psalm 119:9-11**



# PURITY

## SEXUAL MORALITY

### MISSION OBJECTIVE:

**That young men will recognize God’s design for their sexuality and act responsibly in obedience to God’s clear commands.**

# MISSION SUMMARY & ASSIGNMENTS

## MEETING 1: WHAT'S RIGHT ABOUT SEXUALITY GOD'S DESIGN FOR SEX

DATE: \_\_\_\_\_

To look at sexuality and sex from God's and the world's point of view, and to discover why God made it and His good purpose in it.

"How can a young man keep his way pure? By guarding it according to your word. With my whole heart I seek you; let me not wander from your commandments! I have stored up your word in my heart, that I might not sin against you."

**Psalm 119:9-11**

### OPENING ACTIVITIES

NAME: \_\_\_\_\_

### BATTALION ACTION

NAME: \_\_\_\_\_

### GAMES

NAME: \_\_\_\_\_

### COUNCIL RING

NAME: \_\_\_\_\_

## MEETING 2: WHAT'S WRONG WITH MISUSING SEX THE RESULTS OF SEXUAL SIN

DATE: \_\_\_\_\_

To equip the Battalion with knowledge about the foolishness of sexual immorality, and its numerous lifelong consequences.

"Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body."

**1 Corinthians 6:18**

### OPENING ACTIVITIES

NAME: \_\_\_\_\_

### BATTALION ACTION

NAME: \_\_\_\_\_

### GAMES

NAME: \_\_\_\_\_

### COUNCIL RING

NAME: \_\_\_\_\_

## MEETING 3: HOW TO DEAL WITH TEMPTATION THE VALUE OF A CLEAN MIND

DATE: \_\_\_\_\_

To teach the young men of Battalion how to properly deal with sexual temptations, and to make a commitment to purity.

"So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart."

**2 Timothy 2:22**

### OPENING ACTIVITIES

NAME: \_\_\_\_\_

### BATTALION ACTION

NAME: \_\_\_\_\_

### GAMES

NAME: \_\_\_\_\_

### COUNCIL RING

NAME: \_\_\_\_\_

## MEETING 4: HOW TO TREAT GIRLS RIGHT RESPECT OF PRIVACY & PURITY

DATE: \_\_\_\_\_

To teach the young men of Battalion how to properly deal with sexual temptations, and to make a commitment to purity.

"Do not be unequally yoked with unbelievers. For what partnership has righteousness with lawlessness? Or what fellowship has light with darkness?"

**1 Corinthians 6:14**

### OPENING ACTIVITIES

NAME: \_\_\_\_\_

### BATTALION ACTION

NAME: \_\_\_\_\_

### GAMES

NAME: \_\_\_\_\_

### COUNCIL RING

NAME: \_\_\_\_\_

## RESOURCES:

Bible passages, an introduction to adult leaders, a letter to parents, "True Love Waits" covenant cards, and a list of media resources are included in this Leader's Guide.

**Be Aware that this Mission  
takes YOU into Enemy Territory.  
--- PRAY CONTINUALLY ---**

## CHRISTIAN SERVICE BRIGADE

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## WHAT THE BIBLE SAYS ABOUT SEXUAL MORALITY

Sexual sin is unhealthy for the mind, body, soul and spirit but in today's society, sexual desires are encouraged, while the consequences are ignored. God looked at the consequences long before our time. He has seen it all before, and He knows what we must do to not only be safe, but to thrive and find true joy in all that we have.

### 1. God Created Human Sexuality

#### Genesis 1:27, 28 & 31

“So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, ‘Be fruitful and multiply and fill the earth’... And God saw everything that he had made, and behold, it was very good.”

#### Mark 10:6-9

“But from the beginning of creation, ‘God made them male and female.’ ‘Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.’ So they are no longer two but one flesh. What therefore God has joined together, let not man separate.”

### 2. Sex Ordained for Marriage

#### 1 Corinthians 7:2

“But because of the temptation to sexual immorality, each man should have his own wife and each woman her own husband.”

#### Hebrews 13:4

“Let marriage be held in honour among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.”

### 3. Purity is an Honourable Virtue

#### 1 Kings 2:2b & 3

“...Be strong, and show yourself a man, and keep the charge of the Lord your God, walking in his ways and keeping his statutes, his commandments, his rules, and his testimonies, as it is written in the Law of Moses, that you may prosper in all that you do and wherever you turn.”

#### 1 Timothy 4:12

“Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity.”

### 4. Sexual Immorality is Sin

#### Romans 1:24

“Therefore God gave them up in the lusts of their hearts to impurity, to the dishonouring of their bodies among themselves.”

#### Galatians 5:19-21

“Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.”

#### 1 Corinthians 6:13b-20

“The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, ‘The two will become one flesh.’ But he who is joined to the Lord becomes one spirit with him. Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.”

#### Ephesians 5:3-6

“But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints. Let there be no filthiness nor foolish talk nor crude joking, which are out of place... for because of these things the wrath of God comes upon the sons of disobedience.”

#### James 1:13-15

“Let no one say when he is tempted, ‘I am being tempted by God’, for God cannot be tempted with evil, and he himself tempts no one. But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.”

# SPECIAL INSTRUCTIONS

## WHAT THE BIBLE SAYS ABOUT SEXUAL MORALITY (cont)

### 5. Self-Control is a Godly Discipline

#### 1 Thessalonians 4:3-8

“For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honour, not in the passion of lust like the Gentiles who do not know God; that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.”

#### Titus 2:11 & 12

“For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age.”

#### 2 Timothy 2:22

“So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.”

#### 1 Corinthians 14:20

“Brothers, do not be children in your thinking. Be infants in evil, but in your thinking be mature.”

### 6. God Gives Strength to Resist Temptation

#### 1 Corinthians 10:13

“No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.”

#### Hebrews 2:18

“For because he himself has suffered when tempted, he is able to help those who are being tempted.”

#### Galatians 5:22-25

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit.”

#### Hebrews 4:15 & 16

“For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.”

#### James 4:7

“Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

### 7. God Wants to Live in a Clean Place

#### 2 Corinthians 6:16-18

“What agreement has the temple of God with idols? For we are the temple of the living God; as God said, ‘I will make my dwelling among them and walk among them, and I will be their God, and they shall be my people. Therefore go out from their midst, and be separate from them, says the Lord, and touch no unclean thing; then I will welcome you, and I will be a father to you, and you shall be sons and daughters to me, says the Lord Almighty.’”

#### 2 Corinthians 7:1

“Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, bringing holiness to completion in the fear of God.”

#### Psalms 19:7-11

“The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple; the precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes; the fear of the Lord is clean, enduring forever; the rules of the Lord are true, and righteous altogether. More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb. Moreover, by them is your servant warned; in keeping them there is great reward.”

## INTRODUCTION TO THE ADULT LEADERS

### Overview:

Adolescent boys of today - the young men of your Battalion - are bombarded with more “information” on sex than any previous generation. Sex is such a commonplace part of daily society that even Christians don’t recognize it being forced on them in every part of life, from advertising to media to lifestyle. The promotion of “safe-sex” and alternate forms of sexuality are exposing our entire society to more and more opportunities for promiscuity. Teens are being educated about every aspect of sex in the public schools. Misinformation about sex is being supported by the media and government institutions.

What do these guys really need from mature, Christ-following men? They don’t need our embarrassed or awkward hemming and hawing. They need straight forward talk about how a Christian young man can practice self-control in this sexualized world. They don’t need anatomy charts from us or deflected conversations. They need good role-models of Christian manhood who live by Biblical standards, and who will stand up and say what is right and what is wrong. And they needed repentance modelled; not sin denied.

The following four meeting will help you tell young men the meaning of God’s design of their sexuality, using the Bible. You will also be able to warn them of the harmful things that will happen to them if they choose to disobey God’s reasonable commands related to sex. And you will challenge and encourage them to live a life of sexual purity.

### Talking to Teens:

How we talk to teens is often as important as what we say. Your own attitudes toward sexuality will come through, so pray that God’s Spirit will control your heart and mind as you are an example of the Christian leader. Your willingness to talk to young men about this topic will be evidence to them that you care.

So, be motivated by this word from the Apostle Paul to Titus 2:6-8: “Likewise, urge the younger men to be self-controlled. Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity, and sound speech that cannot be condemned, so that an opponent may be put to shame, having nothing evil to say about us.” This is wise counsel, because we can’t expect to go unchallenged when we teach abstinence. In fact,

even the idea of abstinence - that is, reserving sex until marriage - is an offense in modern culture.

### Pitfalls:

“Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.” - 1 Peter 5:8. This Mission is a target of the devil.

**Recognize your need for visible accountability. No leader must ever be alone with a boy or young man. Whenever a leader talks to a young man about sexuality, he must draw in another adult to witness the conversation. There can be no opportunities for sin, and no opportunities for false accusations.**

You will likely have boys from a wide age span, perhaps from 12-18 years of age. Sensitivity and discretion is needed. If your group is too diverse you may wish to divide and use the “Advanced Resources” at the back of this Leader’s Guide with the older guys.

You would be wise to communicate with your pastor as you consider a Mission like this with your Battalion. It is also vital to talk with the parents of your guys before starting - casual face to face conversations are best. A sample letter detailing your intentions and purpose should be enough for most parents; it is included here.

### Resources:

There are also many good resources available. Some of these are listed on the Leadership Resources sheet and on the CSB website. In the USA, use the CSB Brigade Leader website. In Canada, go to: [csbbc.org/purity-mission](http://csbbc.org/purity-mission)

*Be sure to preview any videos before sharing them to ensure they are appropriate for your age group.*

### Steps to Take:

1. Pray continually for this Mission and the Battalion.
2. Talk to your pastor about your plans for the Purity/Sexual Morality Mission. Give him a copy of the Mission and the time to look it over.
3. Talk to parents about the Purity/Sexual Morality Mission. Talk to them one-to-one. Get their feedback and enlist their help.
4. Talk to the Battalion leaders and the men of your group’s CSB Committee. Encourage their involvement.
5. Send the Letter to Parents directly to the parents by email or post.
6. Begin the Mission.

# SPECIAL INSTRUCTIONS

## LETTER TO PARENTS

*(To be sent directly to the parents by mail or email, one or two weeks before beginning this Mission.)*

Date \_\_\_\_\_

Dear Parent,

We are glad that you have been sending your son to our Battalion ministry. We desire to assist you in providing guidance for your son toward Christian manhood. We consider parents to be the most important trainers of children. That is why you are receiving this letter. We will soon begin an important Mission and want to inform you about it.

There is more sexual pressure on our youth today than ever before. Therefore, not talking to him about sexual morality means putting your son at great risk. We know you are vitally concerned about this. Teens need open and honest information to help them make good life-building decisions.

We believe the Bible has the definitive answers as to what is right and wrong morally. Our objective is to help young men recognize God's design for their sexuality and to show them how to act responsibly in obedience to God's commands. We will warn them about the destructive influences and behaviours in our society. We will teach them that self-control and abstinence, as taught in the Bible, are the best choice for teenagers regarding their sexuality.

Psalm 119:9-11 is our theme: "How can a young man keep his way pure? By guarding it according to your word. With my whole heart I seek you; let me not wander from your commandments! I have stored up your word in my heart, that I might not sin against you."

Here is the outline for the four meetings of the **PURITY-Sexual Morality** Mission:

Week 1: WHAT'S RIGHT ABOUT SEXUALITY? God's design for sex.

Week 2: WHAT'S WRONG WITH MISUSING SEX? The results of sexual sin.

Week 3: HOW TO DEAL WITH TEMPTATION. The value of a clean mind.

Week 4: HOW TO TREAT GIRLS RIGHT. Respect of privacy and purity.

Our purpose is not to provide a sex education class, but to help young men develop and affirm their Christ-centred moral values. Their decisions will come from values and attitudes they've grown up with at home and have learned from leaders they respect.

If you have any questions or concerns about our plans, please call us. We value your input. Thanks for allowing us to be part of the team.

Sincerely,

Your Battalion Leaders

*A downloadable Open Office/Word copy of this letter is available on the CSB webpage for this Mission.*

## OBJECTIVE

That young men will recognize God's design for their sexuality and act responsibly in obedience to God's clear commands.

## THEME VERSE

"How can a young man keep his way pure? By guarding it according to your word. With my whole heart I seek you; let me not wander from your commandments! I have stored up your word in my heart, that I might not sin against you."

**Psalms 119:9-11**

## POINT OF VALOR

### **PURITY**

The man who is pure is clean in thought, word and action. He rejects the idols and temptations of this fallen world. He runs from sin. He focuses his energy on building his relationship with Jesus through the Word of God and prayer.

## PREPARATION

### **Opening:**

- Select a video from the Media Resources page and prepare the equipment needed to show it to the Leadership Team.

### **Reflect:**

- Photocopy the "Evaluating the Needs of Young Men Worksheet" on page 23 for each adult leader.

### **Plan:**

- Photocopy the Squad Meeting Sheets at the back of this Leader's Guide.
- Photocopy "What the Bible Says About Sexual Morality" on pages 1 & 2.
- Photocopy the "Worth the Wait" Project and Party on pages 8 and 19.

## **Be Aware that this Mission takes YOU into Enemy Territory.**

As you explore your options for this Mission, recognize that the devil is wanting to devour you.

There is a lot of good information on the internet, but there is also a lot of wickedness. It is unbelievable how many videos lie about abstinence and pornography. It's surprising how many Christian videos contain images that young men should not see.

**We live in a corrupt society and Satan wants to destroy you, your family, your church and the good work that you are doing for the Lord.**

Get and read *Every Young Man's Battle*.

**Pray continually.**

## **OPEN**

Ask the adult leaders to share some stories about sex and dating; whether they are their own or those of others that highlight the value of Biblical purity. Encourage them to give some moral pointers.

### **Alternate Ideas**

Watch a video listed on the Media Resources on page 24 of this Leader's Guide; the Navigators' "Sexual Purity Into the Light" is good.

## **REVIEW**

Take some time to review the previous meetings and Missions with your Leadership Team. Be sure to address any special situations by asking the following questions:

- What has gone well the past month?
- What caused it to go well?
- What do we need to improve?
- Who needs special attention?
- What do we need to stop doing?
- What do we need to start doing?

## **ENGAGE**

As leaders in Battalion, it is important to recognize that we serve as role models who are followed and imitated. The name of this Mission is Purity, which in a moral sense, is being sexually chaste - the opposite of being sexually active - and clean in one's thoughts relating to sexuality. **Read 1 Timothy 4:12 together.**

The Apostle Paul often encouraged Believers to follow his example (see **Philippians 3:17; 4:8 & 9; Ephesians 5:1**). He told them to be imitators of God and Jesus Christ, but he also realized that people need role models whom they can see, hear and touch. Paul lived a

# LEADERSHIP TEAM MEETING - LTM

life that was an example of Christ. His life matched the teachings of the letters he wrote to the churches. He could tell others to imitate him, because he was imitating Christ.

Can you see yourself as an example to others? Don't duck your responsibility by saying, "Look at Christ, not at me." That is false humility, and it is neglecting your duty. Many people cannot see Christ except through your example.

In the character traits of the Believer in **1 Timothy 4:12**, the concluding one is purity. It is the same word used in **1 Timothy 5:2** to describe how we must eliminate all impurity of spirit, manner or act in our relationships with others. Clearly these two verses refer to sexual purity.

Our example as leaders must show our Battalion guys how to live a sexually pure lifestyle, following God's Word. **Ephesians 5:3 & 4** teach, "But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints. Let there be no filthiness nor foolish talk nor crude joking, which are out of place..." How can we improve in these areas?

Purity as a Believer relates to your heart and thoughts, not just outward appearances. Even if you never reveal an attraction to pornography, and yet you sneak onto porn websites, you are not pure in your example as a Christian. Confess every sinful thought or act to God, and develop strategies to eliminate the porn from your life. Trust Christ to be your strength in order to serve Him with a pure heart.

Remember, some of the guys in your Battalion may not have good examples of manhood at home or anywhere else. You may be the only model of a true Christian some of them have. Take that realization to God in prayer, and humbly ask Him to make you a good example to others. You may sin, but you can be forgiven.

## For further discussion:

1. Are Christians "normal?" That is, do we have sexual thoughts? Are we affected by the sexualized images of our culture? How are Christians different in their response?
2. What kind of impression does our speech or sense of humour, as leaders, have on our Battalion members? Do they see a difference in our Christian morality?

## REFLECT

As the leadership team, consider how your young men will relate to the topic of sexual morality? What are their needs in this area? What pressures do they face in being sexually pure? Discuss each of these questions in relation to your guys. What can you, as a team, do to meet their needs,

or help them face the pressure? Use the "Evaluating the Needs of Young Men Worksheet" on page 23 to record your specific ideas.

Pray that your Battalion responds positively to this Mission on sexual purity, and that they will make right choices based on the challenge to purity.

Pray that God will make each of you an example to others. Pray that God will use you to make a difference in some of your Brigadier's lives.

## PLAN

Use this Leader's Guide to plan out all the meetings for the PURITY Mission and a few meetings beyond that. Use the planning chart on the back of the front cover to assign Leaders and Noncoms to the following tasks: Opening Activities; Battalion Action; Games; and Council Ring.

1. Hand out copies of the Squad Meeting sheets at the back of this Leader's Guide. Point out the noncoms' responsibilities, and anything they must prepare.
2. Preview the memory passage for this Mission - **Psalm 119:9-11** - and go over it with the leaders.
3. Review "**What the Bible Says About Sexual Morality**" on pages 1 & 2 with the leadership team.
4. Explain and plan for the "**Worth the Wait Project**" and party in the final meeting to celebrate abstinence.

**Materials needed:** Fresh, crisp, frame-worthy, unused \$5 bills (their condition is important). A commercial bank should be able to help with this. Have one for each teen in your Battalion. (At \$5 each, this will be expensive, but the purpose is to demonstrate the value of each young man's purity.) Record all the serial numbers of these bills. Also have on hand empty envelopes which are capable of being sealed.

5. Send out the "**Letter to Parents**" - see page 6 - about the content of this Mission on purity. Parents want to know what their children are being taught, especially in the area of sexuality.

Finally, as you use these Battalion resources, be sure to share your experiences with other Battalions through the CSB website. In the USA, use the CSB Brigade Leader website. In Canada, go to: [csbbc.org/purity-mission](http://csbbc.org/purity-mission)

## Credit Where Credit is Due...

Some activity ideas in this Mission are adapted from David C. Cook's Hormone Helper, Custom Curriculum, David C. Cook Publishing Co., © 1993. Adapted by permission. In most cases they have been adapted to fit CSB's "guys-only" program. Each adapted activity in this Mission is marked with an asterisk(\*).